

Ashley L:
Muscle and fitness model



Our Ash is a multi-gold winning physique competitor and is as well-known on the competition circuit for his huge collection of trophies as his huge muscles! Ash has a body that looks like it is carved from granite – testament to the hard work he has been putting in for many years. A cheeky chappie, Ash makes any shoot that he is involved with a great deal of fun and he comes highly recommended.



Height: 5ft 8 inches

Weight: 79kg

Waist: 31 inches

Chest: 41 inches

Shoe size: 9 / 10



For more information, contact james@rippedmodels.co.uk