

Caz L

Personal trainer and gym fanatic



Caz is a London-based personal trainer and fitness fanatic who has decided to combine her working life with her biggest hobby – fitness. She is also the mother of teenage children which she says helps keep her fit by running around after them! Caz is also a regular competitor in fitness shows across the UK.



Height: 5ft 7"
Weight: 66kg
Waist: 29



For further information please contact james@rippedmodels.co.uk