

Abigail H
Fitness model



Our Abigail is well known in gyms around the Swansea, Neath and Llanelli areas in Wales because of her job as a freelance fitness instructor. And she certainly practices what she preaches being a vision of health and fitness. She is a bodybuilder too and in addition to competing in the UKBFF in the BodyFitness category, she recently won the Junior Bikini Model contest at the RIPPED Models-sponsored Swansea's Next Fitness Model event. She comes highly recommended.



Dress Size: 8-10

Height: 5ft 5"

Weight: 56kg



For more information, contact james@rippedmodels.co.uk