

Leo M

Muscle and fitness model



Our Leo M credits his university years for making him realise his passion for fitness. One of his recent highlights was the summer of 2016 when he hit his target body weight of 12 stone, with just 8% body fat which had always been his aim since he started training. Leo stepped on stage for the first time in October 2016 when he came away with 3rd place at the Pure Elite World Championships - an incredible start, by anyone's standards. We have a feeling he will build further on that in the future - watch this space.



Height: 6ft

Weight: 78kg

Waist: 30 inches

Chest: 44 inches



For more information, contact james@rippedmodels.co.uk