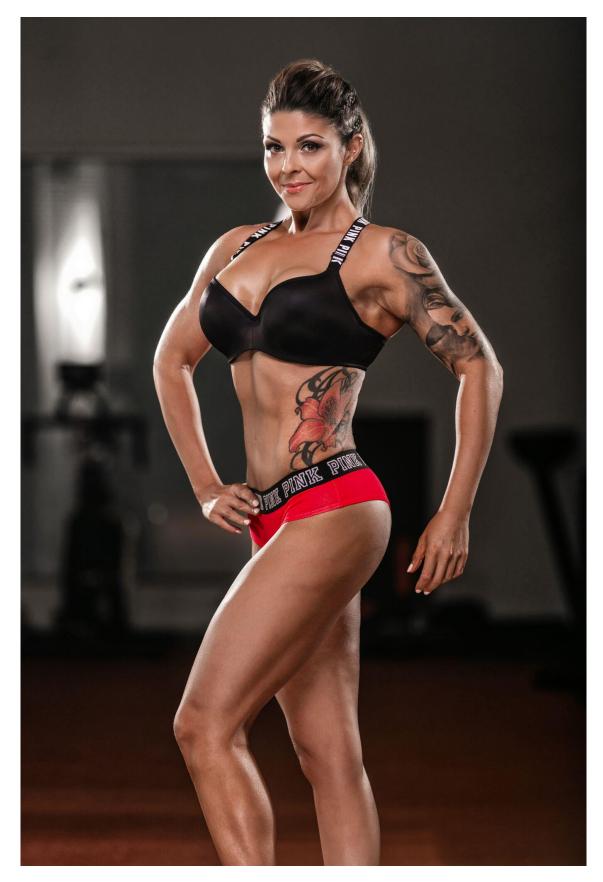


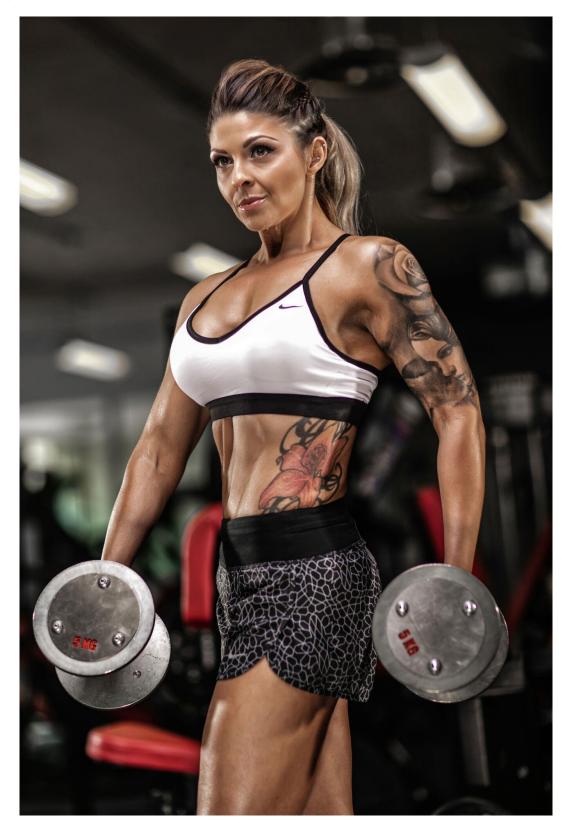
Dana H Fitness model



No images to be published in any format without written permission from www.rippedmodels.co.uk



Dana H is a body transformation advert - she has lost a massive seven stones in weight and has dropped five dress sizes, and looks stunning. She stepped on stage for this first time in 2017 as a UKBFF Body Competitor, reaching 3rd Place in the North-West Championships, receiving a British invite to the finals. Her goals are to inspire woman and promote body confidence and self-esteem. She is walking, talking proof that lifting weights will not make women look manly and hopes to share this message with other woman.



No images to be published in any format without written permission from www.rippedmodels.co.uk



Height: 5ft 3"

Weight: 110 lbs

Dress size: 8



For more information, contact james@rippedmodels.co.uk