

Helen V
Fitness model



Our Helen V is a trained dancer, model and aerial artist. She was worked internationally on tour in live events and theatre, as well in film and photographic work and continues perform freelance in the UK. She is also a qualified dance and fitness teacher, and yoga instructor. Her training as a ballet dancer and circus aerialist contributes to her model skill set and as such she has been booked specifically for her dance ability in several shoots, including high fashion and wedding photographic work. Helen owns all of her own aerial hoop, silks and trapeze rigging and apparatus which can be booked for shoots. She has also built an extensive wardrobe of costumes and costume pieces that are available for use on set, upon request.



Height: 5' 9"

Weight: 139lb

Dress size: 8



For more information, contact james@rippedmodels.co.uk