

Ilyas L

Fitness and aesthetics model



We are delighted to be working with international fitness model, Ilias. He has appeared in leading global publications and is a certified personal trainer, certified fitness nutrition specialist and an actor, in addition to all his fitness work. He also finds time to train almost every day to maintain his amazing physique.



Height: 1.8m

Weight: 77kg

Waist: 30 inches

Chest: 40 inches



For more information, contact james@rippedmodels.co.uk