



**Michael H**  
Fitness Model





Our Michael is a boxer, a lifeguard and trains insane in the gym – does it show? YES! Although he was introduced to the gym by his dad at the young age of 14, just a few years later he says he is already bigger than his dad – so he is definitely taking well to hard training. Michael is available either solo or alongside his dad, Darren – and Darren’s partner Kathleen – for clients seeking the perfect, fit, family unit.





Height: 5ft' 10"

Waist: 33"

Chest: 44"

Eye Colour: Blue

Shoe Size: 11



For more information, contact [james@rippedmodels.co.uk](mailto:james@rippedmodels.co.uk)